Ischemic bilateral hippocampal dysfunction during transient global amnesia

Figure Imaging results

Axial fluid-attenuated inversion recovery (A) and diffusion-weighted (B) MR images obtained 48 hours after the onset of the amnesic syndrome, showing increased signal and diffusion restriction in the hippocampus bilaterally. (C) ^{99m}Tc -hexamethylpropyleneamine oxime SPECT images, performed in the same time window, revealing hypoperfusion in the mesial temporal lobes bilaterally.

A 60-year-old woman was referred to our clinic for the sudden onset of anterograde and retrograde amnesia. She was alert and communicative and repeatedly asked the same questions with no changes of consciousness or loss of self-awareness. She had no prior history of migraine, epileptic seizures, head injury, or stroke, and no other neurologic symptoms beside headache were present. The amnesic syndrome resolved spontaneously within 12 hours, with a short, persistent amnesic gap for the main episode. The neuropsychological testing during the amnesic event confirmed the presence of a marked impairment of both anterograde and retrograde episodic memory, with a preservation of personal and conceptual semantic knowledge.

An MR study, with T2 fluid-attenuated inversion recovery (FLAIR) sequences (figure, A, arrows) and diffusion-weighted sequences (figure, B, arrows) performed 48 hours after the onset showed bilateral, high signal, hippocampal lesions. A ^{99m}Tc -hexamethylpropyleneamine oxime SPECT study, performed in the same time window, revealed hypoperfusion in the mesial temporal lobes bilaterally (figure, C, arrows). The patient had no cardiovascular risk factors with the exception of obesity and hyperhomocysteinemia. Moreover, cerebrovascular studies (EKG, transthoracic echocardiography, contrast transcranial and extracranial Doppler sonography) were normal. A follow-up MRI showed that hippocampal lesions were still evident after two months on T2 FLAIR images, whereas they disappeared on diffusion-weighted images. After 1 year transient global amnesia had not recurred and only a brief amnesic gap persisted. The correlation between MR and SPECT images, together with the particular anatomic and vascular architecture of the hippocampus, support the hypothesis that transient global amnesia might be caused by a temporal hypoxic–ischemic dysfunction in memory-relevant structures induced by hemodynamic factors.

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