Book Review

PSYCHIATRY FOR NEUROLOGISTS

edited by Dilip V. Jeste and Joseph H. Friedman,
436 pp., Humana Press, 2005, \$135

Despite the close anatomic and clinical relationship between the fields of neurology and psychiatry, many neurologists do not feel equipped to manage the psychiatric symptoms of their patients. In answer to this problem, *Psychiatry for Neurologists*, edited by Dilip V. Jeste and Joseph H. Friedman, is intended as a practical resource for neurologists into those areas of clinical psychiatry that impact the management of neurologic patients.

This book, authored by neurologists, psychiatrists, and clinicians trained in both disciplines, lives up to its goals. It is a well-balanced, interesting and, above all, practical text on those topics in clinical psychiatry about which most neurologists wish themselves better informed. In addition, this book goes beyond the purely clinical into historical, ethical, and even legal issues.

The first part of the text describes the codevelopment of neurology and psychiatry from their shared roots in 19th century Europe to their renewed collaboration in the present day, highlighting the personalities that shaped their paths along the way. The second part summarizes the psychiatric evaluation of a neurologic patient, with an emphasis on and examples of the most common psychiatric symptoms of neurologic diseases.

The subsequent two sections form the greater part of the text. The third part of the book, composed of seven chapters, is devoted to the major psychiatric disorders that a neurologist is most likely to encounter, including depression, anxiety disorders, schizophrenia, hysteria or somatoform disorders, catatonia, addictions, and personality disorders. Each chapter covers the epidemiology, diagnosis, differential diagnosis, biology, course, and treatment of each disorder. Some of the chapters

include interesting historical information related to the disorders. There is an emphasis throughout on the neurologic symptoms, the neurologic diseases that may mimic each disorder, and, when relevant, the neurologic side effects of treatment.

The fourth part of the book describes the common psychiatric symptoms and complications found in many neurologic diseases. The chapters include dementia, stroke, neuromuscular disorders, Parkinson disease, multiple sclerosis, epilepsy, Tourette syndrome, Huntington disease, and the often neglected psychiatry of the cerebellum. Each chapter is broken down into epidemiology, signs and symptoms, pathophysiology, differential diagnosis, course, and treatments. Several of the chapters have helpful cases and vignettes and most have tables and figures detailing psychiatric diagnostic testing and classification systems.

The final part of the book, called simply Other Topics, provides excellent and informative overviews of those grayest areas between neurology and psychiatry. Those topics include childhood disorders, geriatric disorders, fatigue, and an especially concise and useful chapter on delirium. The remaining chapters cover an assortment of topics helpful for practicing neurologists and include psychopharmacology, electroconvulsive therapy, neurosurgical treatment of psychiatric disorders, psychotherapy, management of psychiatric emergencies, and informed consent and competency. The last chapter outlines the case by case legal history of self-determination, informed consent, and refusal of treatment and explains competence and the laws of civil commitment.

Psychiatry for Neurologists is a well-written, practical, and comprehensive resource for anyone involved in the care of neurologic patients.

Reviewed by Megan Alcauskas, MD

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