Teaching Video NeurolImage: Waddling-steppage gait secondary to spinal arachnoid cyst

An exceptional surgical outcome

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Forty-five days after a substantial physical effort, a 14-year-old boy developed low back pain and severe waddling-steppage gait (video 1). Deep tendon reflexes were abolished in the lower limbs and plantar responses inapparent. A spinal MRI depicted a cyst extending from T5 to S2 (figure). A complete thoracic cyst resection (video 2) and a lumbar cyst peritoneal shunt were performed. The pathologic specimen examination was conclusive for arachnoid cyst. After 4 months, the gait was normal (video 3). Speculatively, the physical effort accentuated a ball valve phenomenon¹ in a preexisting asymptomatic idiopathic arachnoid cyst.

REFERENCE

1. Sharma A, Sayal P, Badhe P, Pandey A, Diyora B, Ingale H. Spinal intramedullary arachnoid cyst. *Ind J Pediatr* 2004;71:e65–e67.

Figure

Sagittal T1-weighted gadolinium MRI of the thoracic (A) and lumbosacral (B) spinal cord showing a large, multi-lobulated posterior subarachnoid cyst extending from T5 to S2 and displacing the spine anteriorly

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Neurology 2008;70:e85

DOI 10.1212/01.wnl.0000312282.36135.81

This information is current as of May 12, 2008

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