A 68-year-old enthusiastic soccer player with idiopathic Parkinson disease (PD) had unpredictable, immobilizing freezing of gait, which did not respond even to high doses of dopaminergic medication. By kicking a tennis ball attached to a rubber band, he could reliably overcome freezing (video on the Neurology® Web site at www.neurology.org).

Paradoxical kinesia is an enigmatic feature observed in advanced stages of PD.¹ A deficit to execute motor sequences can be overcome by external visual or auditory cues.² Enhanced activation of the lateral premotor cortex during paradoxical gait might compensate for the impaired function of supplemental motor area (SMA) and pre-SMA in PD (figure).

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Disclosure: The authors report no disclosures.

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Supplemental data at www.neurology.org
Kick and rush: Paradoxical kinesia in Parkinson disease  
Friedrich Asmus, Heiko Huber, Thomas Gasser, et al.  
*Neurology* 2008;71;695  
DOI 10.1212/01.wnl.0000324618.88710.30

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