Editors’ Note: In this week’s WriteClick, ethics expert Bernat furthers the discussion about what it means to be conscious and outlines the difference between the Yu et al. diagnosis of “unresponsive wakefulness syndrome” vs “minimally conscious state” and the roles that EEG fMRI and neurologic examination play in these assessments. Burke et al. comment on Benarroch’s article and highlight that further HCN channel investigation may shed some light on the mechanisms behind benign familial neonatal epilepsy. Richard Tenser extends the finding by Tan et al. that acyclovir-resistant herpes simplex virus may have contributed to the pathophysiology of encephalitis in the authors’ patients.

Megan Alcauskas, MD, and Robert C. Griggs, MD

PATIENTS WITH UNRESPONSIVE WAKEFULNESS SYNDROME RESPOND TO THE PAIN CRIES OF OTHER PEOPLE

James L. Bernat, Lebanon, NH: Yu et al.1 reported additional cases of patients diagnosed in a vegetative state (unresponsive wakefulness syndrome) by clinical criteria. However, they showed fMRI or processed EEG responses indicating awareness, and therefore these patients should be diagnosed correctly as in a minimally conscious state. These cases and similar previous cases show that the neurologic examination alone may, in some cases, be insensitive to detect the presence of awareness. The medical and ethical importance of this finding has been emphasized in numerous publications over the past 6 years.2–4

The impact of functional neuroimaging in showing the limitations of the neurologic examination to detect awareness is reminiscent of the earlier impact of DNA genetic studies in showing the limitation of the clinical phenotypic classification of neurogenetic syndromes. The investigators should collect all the cases in which the neurologic examination has been found inadequate to assess awareness and contrast those with the majority of cases in which the clinical examination was accurate. Perhaps there are common features of the clinically misdiagnosed cases that could inform our understanding of awareness with and without responsiveness.

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HCN CHANNELS: FUNCTION AND CLINICAL IMPLICATIONS

David Burke, James Howells, Susan E. Tomlinson, Sydney, Australia: Dr. Benarroch1 highlighted the function of HCN channels. Studies of axonal excitability using threshold tracking techniques allow HCN function to be quantified indirectly in human peripheral nerve in vivo.2 These physiologic studies may clarify the activity of different voltage-dependent channels expressed on the studied axons, even in CNS disease. For example, abnormalities have been shown in benign familial neonatal epilepsy, a condition due to mutation of the KCNQ2 gene encoding Kv7.2. The abnormalities in axonal excitability were those appropriate for loss of slow K+ channel function.3 Current protocols for studying the accommodation to hyperpolarization produced by HCN currents now use strong long hyperpolarizing currents to condition stimuli to alter membrane potential.4 This has allowed further insight into the nature of HCN current in human myelinated axons; specifically, that HCN1 is probably expressed on large myelinated axons, but that isoform expression may differ for myelinated afferent and efferent axons.5 In defined patient groups with epilepsy, these techniques could help clarify whether there is abnormal HCN function. In neuropathic pain, the situation is less certain because the action potentials of small nociceptive afferents can only be characterized with microneurography.

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ATYPICAL MANIFESTATIONS AND POOR OUTCOME OF HERPES SIMPLEX ENCEPHALITIS IN THE IMMUNOCOMPROMISED

Richard B. Tenser, Hershey, PA: In the article by Tan et al.,1 atypical illness and poor outcome of HSV encephalitis in immunocompromised patients was likely due to their immune status, and possibly also to antiviral-resistant mutant HSV. Acyclovir and related antivirals are phosphorylated by the HSV-encoded thymidine kinase (TK) to the active antiviral state.

However, during HSV infections, mutants arise that are acyclovir resistant primarily because they lack viral TK activity (TK−) and do not phosphorylate acyclovir.2 In non-immunosuppressed HSV-infected individuals treated with acyclovir, wild-type TK + HSV is inhibited by acyclovir, and the small amounts of TK− HSV that develop are likely controlled by the immune system. However, in immunocompromised individuals, while wild-type TK + HSV is inhibited by acyclovir, TK− mutants likely multiply.

We used an isotope plaque assay to estimate proportions of TK− and TK+ HSV in lesion swabs from an immunocompromised patient treated with acyclovir.3 TK− HSV does not replicate well in non-dividing cells but does in replicating cells. In immunocompromised patients,4 it is suggested that during the period of acyclovir treatment, TK− HSV probably replicated, more likely in glial cells than in neurons. Presumptive TK− HSV may have contributed to the atypical clinical course of these patients.

Author Response: Avindra Nath, Bethesda, MD: I thank Dr. Tenser for his comments and for agreeing that acyclovir-resistant HSV may have played a role in the pathophysiology of encephalitis in these patients.

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