A 73-year-old man complained at bedtime of “electric shock” sensations, corresponding to myoclonic-like jerks, observed solely in both arms, causing severe insomnia. These involuntary movements appeared at rest and were accompanied by an urge to move that relieved symptoms (video on the Neurology® Web site at Neurology.org). To date, few observations have been reported on arm restlessness and periodic movements of the upper limbs.1,2 This variant shares common features with restless legs syndrome and periodic limb movement disorder, such as therapeutic response to dopaminergic agonists. Clinicians should be aware of restlessness of the upper limbs, which likely remains underdiagnosed and requires appropriate therapeutic management.

Elisabeth Ruppert, MD, PhD, Christine Tranchant, MD, PhD, Ulker Kilic-Huck, MD, Nicolas Carpentier, MD, Marc Bataillard, MD, Patrice Bourgin, MD, PhD

From the Sleep Disorders Center (E.R., U.K.-H., N.C., M.B., P.B.), FMTS, Hôpital Civil, University of Strasbourg; Institute for Cellular and Integrative Neurosciences (E.R., U.K.-H., M.B., P.B.), CNRS-UPR 3212, Strasbourg; and the Center for Movement Disorders (C.T.), Hôpital de Hautepierre, University of Strasbourg, France.


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Correspondence to Dr. Ruppert: elisabeth.ruppert@chru-strasbourg.fr


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Elisabeth Ruppert, Christine Tranchant, Ulker Kilic-Huck, et al.

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