Teaching NeuroImages: Recurrent oculomotor palsies caused by neurosarcoidosis

A 53-year-old man presented with a recurrent left fourth nerve and acute left third nerve palsy (figure 1). Brain MRI showed leptomeningeal and oculomotor nerve contrast enhancement (figure 2). CSF examination indicated chronic lymphocytic meningitis with massively increased soluble interleukin (IL)-2 receptor and IL-6. Extensive infectious disease workup remained unremarkable. [18F]-Fluorodeoxyglucose (FDG)-PET/CT revealed active deep cervical lymph nodes containing noncaseating granulomas (figure 2). No pulmonary or other systemic manifestation was found, consistent with clinically isolated neurosarcoidosis. Upon immunosuppressive treatment, the oculomotor palsies rapidly remitted.

Neurosarcoidosis is a rare condition lacking specific biomarkers. When suspected, FDG-PET/CT can guide diagnosis and prevent CNS biopsy.

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REFERENCES

AUTHOR CONTRIBUTIONS
V.K., J.A.P., K.I., A.C., C.G.-K., P.A., and M.L. were involved in the clinical management of the patient. V.K. wrote the manuscript. J.A.P., K.I., A.C., C.G.-K., P.A., and M.L. commented on the manuscript. From the Departments of Neurology (V.K., J.A.P., M.L.), Ophthalmology (A.C., C.G.-K.), and Nuclear Medicine (P.A.), and Institute of Clinical Pathology (K.I.), University Hospital Zurich, Switzerland; Department of Oncological Sciences (V.K.), Tisch Cancer Institute and Immunology Institute, Icahn School of Medicine at Mount Sinai, New York, NY; and HELIOS Klinik Hagen-Ambrock (M.L.), Hagen, Germany.
Figure 2 Imaging and pathology

(A) Axial T1-weighted MRI shows basal leptomeningeal contrast enhancement along the left third nerve (arrow). (B) Active lymph node (arrow) in coronal (left) and axial (right) [18F]-fluorodeoxyglucose–PET/CT containing (C) lymphadenitis with noncaseating granuloma (hematoxylin & eosin).
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