



Notable from Our Podcast

The October 16, 2018, featured interview highlighted a comparative study on primary angiitis of the CNS and reversible cerebral vasoconstriction syndrome. For our What's Trending feature of the week, you will hear an interview on functional brain changes involved in tetrahydrocannabinol-induced analgesia.

NPub.org/podcast



Author Tip

Neurology strives to publish superb studies in clinical neurology. Peer reviewers' opinions of manuscripts are invaluable in assisting the Editor-in-Chief and Associate Editors in making their decisions. In addition to helping assess the value of a manuscript for the scientific literature and *Neurology* in particular, reviewers help authors to improve their manuscripts by recommending areas for the author to address (either for *Neurology* or an alternate journal if a manuscript is ultimately rejected by *Neurology*).

In return for reviewing, you will keep up with the field and gain understanding that will improve the quality of your own studies and how you report them. In appreciation of your service to the journal, your name will be included in a list we publish twice each year of reviewers who have reviewed for us during the last 6 months. Superb reviewers may be chosen to sit on *Neurology's* Editorial Board.

If you are interested in reviewing, contact us at journal@neurology.org and include a series of keywords on topics in which you have expertise to help us determine appropriate papers for you to review.



From the AAN Press Room

Visit AAN.com/pressroom for the latest press releases.

In just 6 months, exercise may help those with thinking problems

Getting the heart pumping with aerobic exercise, like walking or cycling for 35 minutes 3 times a week, may improve thinking skills in older adults with cognitive impairments. After 6 months of exercise, study participants' scores on thinking tests improved by the equivalent of reversing nearly 9 years of aging. The study found that exercise improved thinking skills called executive function. "The results are encouraging in that in just 6 months, by adding regular exercise to their lives, people who have cognitive impairments without dementia may improve their ability to plan and complete certain cognitive tasks," said study author James A. Blumenthal, PhD, of Duke University Medical Center in Durham, NC.

Blumenthal JA, Smith PJ, Mabe S, et al. *Neurology* 2019;92:e212–e223. doi.org/10.1212/WNL.0000000000006784



CME

Education and cognitive reserve in old age

Page 458

Iron deposition in periaqueductal gray matter as a potential biomarker for chronic migraine

Page 462



Most-Read Articles

As of October 11, 2018

The terrorist inside my husband's brain

S.S. Williams. 2016;87:1308–1311. doi.org/10.1212/WNL.0000000000003162

Self-treatment of benign paroxysmal positional vertigo: Semont maneuver vs Epley procedure

A. Radtke, M. von Brevern, K. Tiel-Wilck, et al. 2004;63:150–152. doi.org/10.1212/01.WNL.0000130250.62842.C9

Evidence-based guideline update: Pharmacologic treatment for episodic migraine prevention in adults

S.D. Silberstein, S. Holland, F. Freitag, et al. 2012;78:1337–1345. doi.org/10.1212/WNL.0b013e3182535d20

Practice parameter: Evidence-based guidelines for migraine headache (an evidence-based review)

Silberstein SD. 2000;55:754. doi.org/10.1212/01.wnl.0000313378.77444.ac

Evidence-based guideline update: Determining brain death in adults: Report of the Quality Standards Subcommittee of the American Academy of Neurology

E.F.M. Wijdicks, P.N. Varelas, G.S. Gronseth, D.M. Greer. 2010;74:1911–1918. doi.org/10.1212/WNL.55.6.754

Neurology[®]

What's happening in *Neurology*[®]
Neurology 2019;92;467
DOI 10.1212/WNL.00000000000007025

This information is current as of March 4, 2019

Updated Information & Services	including high resolution figures, can be found at: http://n.neurology.org/content/92/10/467.full
Permissions & Licensing	Information about reproducing this article in parts (figures, tables) or in its entirety can be found online at: http://www.neurology.org/about/about_the_journal#permissions
Reprints	Information about ordering reprints can be found online: http://n.neurology.org/subscribers/advertise

Neurology® is the official journal of the American Academy of Neurology. Published continuously since 1951, it is now a weekly with 48 issues per year. Copyright © 2019 American Academy of Neurology. All rights reserved. Print ISSN: 0028-3878. Online ISSN: 1526-632X.

