Hearing about your diagnosis while walking on the beach

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MORE ONLINE

Audio

Listen to Dr. Wynn read this poem.

[NPub.org/jo5qpc](https://www.npub.org/jo5qpc)

Waning moon,
a defiance of brown pelicans
skimming sheet metal waves,

salted cedar perfusing
this August evening—

each perfect in its indifference.

Molecules move from feather to leaf,
leaf to bone, bone to beach. Relentless
as the letters we did not write.

This sand absorbs my sorrow
without limit.

Darkness
always finds light. Light
moves through darkness
with defiant agency.

Like our faith in each other,
like a tidepool—
vibrant, immortal.

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