



Innovations in Care Delivery



From the Editor

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Innovations in Care Delivery strives to highlight articles that feature advances in care delivery in our Editors' Blog, Editors' Top 5 Recommended Reading, and Latest Articles sections. Periodically, we also include interviews with leaders in the field of health services research.

Editors' Blog

The Innovations in Care Delivery blog has discussed articles about outcome measures for premanifest Alzheimer disease trials, nurse care managers in Parkinson disease, and out-of-pocket costs for commonly prescribed neurologic medications. Our goal is to highlight health services research articles published in *Neurology*[®] or *Neurology*[®] *Clinical Practice*, as well as to give opinions by experts in the field.

Editors' Top 5 Recommended Reading and Latest Articles

Check out our collection of *Neurology* articles related to innovations in care delivery.

In a recent *Neurology* editorial, Dr. Salinas¹ raised the question about whether neurologists should be focusing on social-related aspects of health. He raised the question in response to the article by Grasset et al.² about how income volatility during young adulthood might negatively influence midlife brain structure and cognitive function. Editorialist Salinas makes the following powerful statement and question: "These results are part of a larger ongoing story that points to social conditions as inseparable from disease and poses a critical question for each neurologist and for our field: What is our responsibility in addressing social determinants of health?"²

In another study, Veenhuizen et al.³ evaluated the effectiveness of a self-management group program of aerobic training and other factors to improve social participation in patients with neuromuscular disease and chronic fatigue. The design was a multicenter, randomized controlled trial of 53 patients. The intervention led to improvements in social participation and functional endurance.

References

1. Salinas J. Social health and brain health: do neurologists also have a duty to treat social ills? *Neurology* Epub 2019 Oct 2.
2. Grasset LG, Glymour MM, Elfassey T, et al. Relation between 20-year income volatility and brain health in midlife: the CARDIA study. *Neurology* Epub 2019 Oct 2.
3. Veenhuizen Y, Cup EHC, Jonker MA, et al. Self-management program improves participation in patients with neuromuscular disease: a randomized controlled trial. *Neurology* Epub 2019 Sep 30.



Blog

Read the Innovations in Care Delivery blog for timely posts by the editors and invited guests on *Neurology* articles. NPub.org/icdblog

Neurology[®]

What's happening in Innovations in Care Delivery

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