

WHAT'S  
HAPPENING  
IN

## Neurology®

**Notable from Our Podcast**

The April 30, 2019, podcast interview highlighted a mouse model of anti-NMDA receptor post-herpes simplex encephalitis. In the What's Trending segment, you'll hear a discussion on ataxias.

[NPub.org/podcast](http://NPub.org/podcast)

**Author Tip**

An important part of publishing is promoting your work. Using popular sites like Facebook and Twitter is a fast, free way to share your work with a wide audience. Use hashtags so your posts can be easily found (e.g., #Neurology or #Parkinsonsdisease). Users following those hashtags will see your posts, when they otherwise might not have. Using images tends to draw people in more than plain text. If you are interested in having *Neurology* promote your published paper on our channels, or would like to learn more about using social media, please contact [msoreson@neurology.org](mailto:msoreson@neurology.org).

**From the AAN Press Room**

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**Study: Antioxidant Flavonol Linked to Lower Risk of Alzheimer Dementia Fruits, Vegetables, Tea May Be Helpful**

People who eat or drink more foods with the antioxidant flavonol, which is found in nearly all fruits and vegetables as well as tea, may be less likely to develop Alzheimer's dementia years later, according to a study published in the January 29, 2020, online issue of *Neurology*®, the medical journal of the American Academy of Neurology. "More research is needed to confirm these results, but these are promising findings," said study author Thomas M. Holland, MD, of Rush University in Chicago. "Eating more fruits and vegetables and drinking more tea could be a fairly inexpensive and easy way for people to help stave off Alzheimer's dementia. With the elderly population increasing worldwide, any decrease in the number of people with this devastating disease, or even delaying it for a few years, could have an enormous benefit on public health."

Holland TM, Agarwal P, Wang Y et al. *Neurology* 2020; doi.org/10.1212/WNL.0000000000008981

**CME****Detection of subtle gait disturbance and future fall risk in early multiple sclerosis**

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**Association of out-of-pocket costs on adherence to common neurologic medications**

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**Most-Read Articles**

As of October 2, 2019

**Clinical diagnosis of Alzheimer's disease: Report of the NINCDS-ADRDA Work Group\* under the auspices of Department of Health and Human Services Task Force on Alzheimer's Disease**

G. McKhann, D. Drachman, M. Folstein, et al. 1984;34:939-944. doi.org/10.1212/WNL.34.7.939

**Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)**

J.F. Kurtzke. 1983;33:1444-1452. doi.org/10.1212/WNL.33.11.1444

**Parkinsonism: onset, progression, and mortality**

M.M. Hoehn, M.D. Yahr. 1967;17:427-442. doi.org/10.1212/WNL.17.5.427

**Neurosurgical horizons in Parkinson's disease**

C.G. Goetz, M.R. De Long, R.D. Penn, R.A. Bakay. 1993;43:1-7. doi.org/10.1212/WNL.43.1\_Part\_1.1

**Autosomal dominant cerebellar phenotypes: the genotype has settled the issue**

R.N. Rosenberg. 1995;45:1-5. doi.org/10.1212/WNL.45.1.1

# Neurology®

**What's happening in *Neurology*®**  
*Neurology* 2020;94;569  
DOI 10.1212/WNL.00000000000009172

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