



## Notable from Our Podcast

In the July 16, 2019, podcast interview, Dr. Halley Alexander talks with Dr. Orrin Devinsky about his article on the full spectrum of epilepsies and the North American SUDEP Registry.

[NPub.org/podcast](http://NPub.org/podcast)



## Author Tip

### About the Neurology Resident & Fellow Section

This section is trainee-run: a team of residents and fellows has the responsibility for writing, reviewing, editing, and publishing articles of interest to trainees. The group also has the responsibility for initiating and developing other unique projects, including podcasts, other electronic communications, a website, and new subsection ideas. Weekly e-Pearls, or e-mail “Pearls,” have been sent to residents nationwide since July 2008. An archive of e-Pearls can be found at [NPub.org/epearls](http://NPub.org/epearls).



## From the AAN Press Room

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Older women who eat more than 1 to 2 servings a week of baked or broiled fish or shellfish may consume enough omega-3 fatty acids to counteract the effects of air pollution on the brain. Researchers found that among older women who lived in areas with high levels of air pollution, those who had the lowest levels of omega-3 fatty acids in their blood had more brain shrinkage than women who had the highest levels. “Fish are an excellent source of omega-3 fatty acids and easy to add to the diet,” said study author Ka He, MD, ScD, of Columbia University in New York. “Omega-3 fatty acids have been shown to fight inflammation and maintain brain structure in aging brains. They have also been found to reduce brain damage caused by neurotoxins like lead and mercury. So we explored if omega-3 fatty acids have a protective effect against another neurotoxin, the fine particulate matter found in air pollution.”

Erythrocyte omega-3 index, ambient fine particle exposure, and brain aging [doi.org/10.1212/WNL.000000000010074](https://doi.org/10.1212/WNL.000000000010074)



## CME

### Dopamine-responsive and dopamine-resistant resting tremor in Parkinson disease

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### Neuronal antibody prevalence in children with seizures under 3 years: A prospective national cohort

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## Most-Read Articles

As of July 14, 2020

### Clinical diagnosis of Alzheimer’s disease: Report of the NINCDS-ADRDA Work Group\* under the auspices of Department of Health and Human Services Task Force on Alzheimer’s Disease

G. McKhann, D. Drachman, M. Folstein, et al. 1984;34:939–944. [doi.org/10.1212/WNL.34.7.939](https://doi.org/10.1212/WNL.34.7.939)

### Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)

J.F. Kurtzke. 1983;33:1444–1452. [doi.org/10.1212/WNL.33.11.1444](https://doi.org/10.1212/WNL.33.11.1444)

### Parkinsonism: Onset, progression, and mortality

M.M. Hoehn and M.D. Yahr. 1967; 17:427–442. [doi.org/10.1212/WNL.17.5.427](https://doi.org/10.1212/WNL.17.5.427)

### Neurosurgical horizons in Parkinson’s disease

C.G. Goetz, M.R. De Long, R.D. Penn, and R.A.E. Bakay. 1993;43: 1–7. [doi.org/10.1212/WNL.43.1\\_Part\\_1.1](https://doi.org/10.1212/WNL.43.1_Part_1.1)

### Frontotemporal lobar degeneration: A consensus on clinical diagnostic criteria

D. Neary, J. S. Snowden, L. Gustafson, et al. 1998;51:1546–1554. [doi.org/10.1212/WNL.51.6.1546](https://doi.org/10.1212/WNL.51.6.1546)

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DOI 10.1212/WNL.0000000000010520

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