



Notable from Our Podcast

In the July 30, 2019, podcast interview, Dr. Kristen Heinan talked with Dr. Barbara Weissman about her *Neurology: Clinical Practice* paper on recommendations for neurologists on the CDC's Guideline on Pediatric Mild Traumatic Brain Injury.

NPub.org/podcast



Author Tip

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Vitamin D twice a day may keep vertigo away

Taking vitamin D and calcium twice a day may reduce your chances of getting vertigo again. Benign paroxysmal positional vertigo happens when a change in the head position gives you a sudden spinning sensation. Treatment includes a doctor performing a series of head movements that shift particles in the ears that cause the vertigo, but the condition tends to recur frequently. "Our study suggests that for people with benign paroxysmal positional vertigo, taking a supplement of vitamin D and calcium is a simple, low-risk way to prevent vertigo from recurring," said Ji-Soo Kim, MD, PhD, of Seoul National University College of Medicine in Korea. "It is especially effective if you have low vitamin D levels to begin with."

Jeong SH, Kim JS, Kim HJ, et al. 2020. doi.org/10.1212/WNL.0000000000010343



CME

Diet pattern and prodromal features of Parkinson disease

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Clinical characterization of delayed alcohol-induced headache: A study of 1,108 participants

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Clinical diagnosis of Alzheimer's disease: Report of the NINCDS-ADRDA Work Group* under the auspices of Department of Health and Human Services Task Force on Alzheimer's Disease

G. McKhann, D. Drachman, M. Folstein, et al. 1984;34:939-944. doi.org/10.1212/WNL.34.7.939

Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)

J.F. Kurtzke. 1983;33:1444-1452. doi.org/10.1212/WNL.33.11.1444

Parkinsonism: onset, progression, and mortality

M.M. Hoehn and M.D. Yahr. 1967; 17:427-442. doi.org/10.1212/WNL.17.5.427

Frontotemporal lobar degeneration: A consensus on clinical diagnostic criteria

D. Neary, J. S. Snowden, L. Gustafson, et al. 1998;51:1546-1554. doi.org/10.1212/WNL.51.6.1546

Vascular dementia: Diagnostic criteria for research studies: Report of the NINDS-AIREN International Workshop*G.

C. Román, T. K. Tatemi, T. Erkinjuntti, et al. 1993;43:250-260. doi.org/10.1212/WNL.43.2.250

Neurosurgical horizons in Parkinson's disease

C.G. Goetz, M.R. De Long, R.D. Penn, and R.A.E. Bakay. 1993;43:1-7. doi.org/10.1212/WNL.43.1_Part_1.1

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Neurology 2020;95;683
DOI 10.1212/WNL.0000000000010723

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