



Notable from Our Podcast

In the August 13, 2019, podcast interview, Dr. Jason Crowell talks with Dr. Michele Hu and Dr. David Okai about their longitudinal study of the severity of impulse control disorders in Parkinson disease and RBD.

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Author Tip

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Common Drugs Tied to Increased Risk of Cognitive Decline

A class of drugs used for many conditions, including allergies, colds, high blood pressure, and depression, may be associated with an increased risk of developing mild thinking and memory problems, particularly in people who have genetic risk factors for Alzheimer disease or markers of this condition. The study found that cognitively normal people taking at least one anticholinergic drug were 47% more likely to develop mild cognitive impairment, which can be a precursor to dementia, over the next decade than people who were not taking such drugs. "Our findings suggest that reducing the use of anticholinergic drugs before people develop any cognitive problems may be an important way to prevent the negative consequences of these drugs on thinking skills, especially for people who have an elevated risk of developing Alzheimer disease," said study author Lisa Delano-Wood, Ph.D., of the University of California, San Diego.

Association of anticholinergic medication and AD biomarkers with incidence of MCI among cognitively normal older adults doi.org/10.1212/WNL.00000000000010643



CME

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J.F. Kurtzke. 1983;33:1444-1452. doi.org/10.1212/WNL.33.11.1444

Parkinsonism: onset, progression, and mortality

M.M. Hoehn and M.D. Yahr. 1967; 17:427-442. doi.org/10.1212/WNL.17.5.427

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D. Neary, J. S. Snowden, L. Gustafson, et al. 1998;51:1546-1554. doi.org/10.1212/WNL.51.6.1546

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C. Román, T. K. Tatemi, T. Erkinjuntti, et al. 1993;43:250-260. doi.org/10.1212/WNL.43.2.250

Neurosurgical horizons in Parkinson's disease

C.G. Goetz, M.R. De Long, R.D. Penn, and R.A.E. Bakay. 1993;43: 1-7. doi.org/10.1212/WNL.43.1_Part_1.1

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