Notable From Our Podcast

In the January 12, 2021, podcast interview, Dr. Stacey Clardy talks with Dr. Zsolt Laszlo Illés about the worldwide impact of neuromyelitis optica.
NPub.org/podcast

Author Tip

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Antioxidants Vitamin C and Vitamin E Linked to Lower Risk of Parkinson Disease
People who consume high levels of vitamin C and E in their diet may have a lower risk of Parkinson disease than people who get only small amounts of these nutrients. “Improving diet is a known way to improve overall health, but the research on exactly how diet affects a person’s risk of Parkinson’s disease has been somewhat mixed,” said study author Essi Hantikainen, Ph.D., of University of Milano-Bicocca in Milan, Italy. “Our large study found that vitamin C and vitamin E were each linked to a 32% lower risk of Parkinson’s disease, and we found the association may be even stronger when intake of both vitamin C and E is high.”

Dietary antioxidants and the risk of Parkinson Disease: The Swedish National March Cohort doi.org/10.1212/WNL.000000000011373

CME

Association of Dilated Perivascular Spaces With Cognitive Decline and Incident Dementia
Page 516

Suicidal Ideations and Attempts in Patients With Isolated Dystonia
Page 520

Most-Cited Articles
As of January 13, 2021

Clinical diagnosis of Alzheimer’s disease: Report of the NINCDS-ADRDA Work Group* under the auspices of Department of Health and Human Services Task Force on Alzheimer’s Disease

Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)

Parkinsonism: onset, progression, and mortality

Frontotemporal lobar degeneration: A consensus on clinical diagnostic criteria

Vascular dementia: Diagnostic criteria for research studies: Report of the NINDS-AIREN International Workshop*