Adenovirus-Vectored COVID-19 Vaccine–Induced Immune Thrombosis of Carotid Artery
A Case Report

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Abstract

Objectives
Venous thrombosis and thrombocytopenia after vaccination with the adenovirus-vectored COVID-19 vaccine ChAdOx1 nCov-19 (AstraZeneca) have been linked to serum antibodies against platelet factor 4 (PF4)-polyanion complexes. We here report vaccine-induced isolated carotid arterial thrombosis.

Methods
Imaging and laboratory findings, treatment decisions, and outcome of this case are presented.

Results
Eight days after having received the first dose of ChAdOx1 nCov-19 vaccine, a 31-year-old man was admitted to our stroke unit with acute headache, aphasia, and hemiparesis. D-dimers were slightly elevated, but platelet count and fibrinogen level were normal. MRI-confirmed mainstem occlusion of middle cerebral artery resolved within 1 hour after the start of IV thrombolysis. A wall-adherent, nonoccluding thrombus in the ipsilateral carotid bulb was identified as the source of embolism. Cardiac or paradoxical (venous) embolism was excluded. Screening for the presence of heparin-induced thrombocytopenia–related antibodies was positive, and highly elevated serum IgG antibodies against PF4-polyanion complexes were subsequently proven. Treatment with aspirin and subcutaneous danaparoid, followed by phenprocoumon, led to thrombus shrinkage and dissolution within 19 days and favorable clinical outcome.

Discussion
Vaccine history is important in patients not only with venous but also with arterial thromboembolic events. Vaccine-induced immune thrombosis of brain-supplying arteries may well be handled.
To fight the COVID-19 pandemic, the European Medicines Agency approved 4 vaccines until March 2021. Of these, ChAdOx1 nCoV-19 (AstraZeneca) is a replication-defective, chimpanzee adenovirus-vectored vaccine containing the full-length severe acute respiratory syndrome coronavirus type 2 (SARS-CoV-2) spike glycoprotein gene. In recently reported patients naïve to heparin with ChAdOx1 nCoV-19 vaccine–induced thrombosis and thrombocytopenia (VITT), highly elevated serum IgG antibodies to platelet factor 4 (PF4)-polyanion complexes were found. VITT typically manifests with, often cerebral, venous thromboses, and also a few arterial thromboses were noted. In this study, we describe a case with isolated arterial thrombosis in the presence of strong reacting platelet-activating antibodies directed against PF4.

Methods
The local ethics committee approved this study (identifier: A2021-0089). The patient provided written informed consent.

Results
Clinical Presentation
A 31-year-old childcare worker was admitted to our stroke unit with acute headache, aphasia, and incomplete right-sided hemiparesis. He had received his first dose of ChAdOx1 nCoV-19 vaccine 8 days before and suffered minor symptoms (fatigue, myalgia, and mild headache) over a few days but then remained asymptomatic until day 8, when he experienced sudden-onset severe headache. The headache persisted despite taking cumulatively 2 g of paracetamol. He was feeling weary and spent most of the day sleeping. When waking him up, his partner noticed hemiplegia and speech arrest and called emergency.

He had no preexisting medical condition and did not regularly take any medication. The only cardiovascular risk factor was cigarette smoking (10/d) since 12 years. His grandfather had had a stroke in high age; there were no further cardiovascular events in family history.

Diagnostic Findings
An MRI examination on admission revealed acute ischemia of left middle cerebral artery (MCA) territory due to distal MCA mainstem occlusion (Figure 1). IV thrombolysis with alteplase was started, and urgent thrombectomy was planned. On catheter angiography, however, the MCA-M1 and MCA-M2 segments were reperfused 50 minutes after the start of alteplase; a wall-adherent carotid thrombus was noted, but no arterial dissection. Next-day CT scan of the brain showed 2 small areas of brain infarction. CT angiography and ultrasound confirmed a parietal solid thrombus in the left carotid bulb (Figure 2), with a mobile tail at its proximal end (Video 1). Transesophageal echocardiography and transcranial Doppler testing with agitated saline excluded an aortic, cardiac, or paradoxical (venous) source of embolism. Thus, the carotid thrombus was regarded being the source of embolism into the MCA.

Initial blood tests showed slightly increased D-dimers, leukocyte counts, and C-reactive protein (Table). Platelet count and fibrinogen level were normal, as well as standard laboratory workup, including serum lipids, homocysteine, and lipoprotein (a), screening for thrombophilia (antithrombin III, factor V, factor VIII, protein C, activated protein C resistance, anti-phospholipid antibodies, and search for prothrombin
mutation g.20210 G > A), and tests for antinuclear antibodies and antineutrophil cytoplasmic antibodies. Because the thrombosis occurred within the typical time window for VITT, we screened for heparin-induced thrombocytopenia–related antibodies despite normal platelet count, with a positive test result. Subsequent workup proved highly elevated serum IgG antibodies against PF4-polyanion complexes. These antibodies activated platelets in the presence of PF4 in a washed platelet activation assay.2

**Treatment and Outcome**

IV thrombolysis entailed dramatic neurologic recovery within 1 hour. Symptoms persisting on days 9–28 were slight phonemic paraphasia and difficulties in complex cognitive tasks.

| Table Laboratory and Sonographic Findings 8–28 d After Vaccination (Stroke Onset on Day 8) |
|-----------------------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Parameter                                | Reference          | Findings on postvaccination day no. | 8 | 9 | 10 | 11 | 18 | 23 | 28 |
|-----------------------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| **Laboratory findings**                      |                |                |               |               |               |               |               |
| Platelet count, $10^9$/L                     | 150–450        | 217           | 159           | 152           | 165           | 196           | 208           | 201 |
| Leukocyte count, $10^9$/L                    | 4–9            | 10.5          | 9.72          | 7.54          | 8.46          | 7.19          | 6.49          | 7.17 |
| C-reactive protein, mg/L                     | <5.0           | 13.0          | 12.5          | 22.8          | 22.8          | 3.0           |               |     |
| Prothrombin time, INR                        | 0.80–1.25      | 0.98          | 1.05          | 1.03          | 2.42<sup>a</sup> | 2.57<sup>a</sup> | 2.01<sup>a</sup> |     |
| Activated partial thromboplastin time, s     | 27–37          | 27.5          | 30.1          | 29.4          | 40.6<sup>b</sup> | 40.9<sup>b</sup> |               |     |
| Fibrinogen, g/L                              | 1.8–3.5        | 2.7           | 2.5           |               | 2.3           |               |               |     |
| D-dimers, mg/L                               | <0.5           | 1.1           |               |               | 0.48          | 0.34          |               |     |
| Heparin/PF4 IgG-specific ELISA               | Neg            |              |              | Pos           | Pos           |               |               |     |
| Heparin-induced platelet activation test     | Neg            |              |              | Neg           | Neg           |               |               |     |
| Vaccine-induced platelet activation test     | Neg            |              |              | Pos           | ND            |               |               |     |
| SARS-CoV-2 RT-PCR test                       | Neg            |              |              | Neg           | Neg           | Neg           |               |     |
| **Sonographic findings**                     |                |                |               |               |               |               |               |     |
| Carotid thrombus volume, mm³                 | 0              | 190           | 190           | 140           | 50            | 0             |               |     |

Abbreviations: INR = international normalized ratio; Neg = negative; PF4 = platelet factor 4; Pos = positive; RT-PCR = reverse transcriptase-PCR. Abnormal findings in bold.

<sup>a</sup> Values increased on oral anticoagulant therapy with vitamin K antagonist (phenprocoumon).
Combined anticoagulation with aspirin 100 mg/d and subcutaneous danaparoid 2 x 750 mg/d on days 9–13, followed by phenprocoumon (target international normalized ratio 2–3), led to marked thrombus shrinkage (Figure 2, Video 1) and complete dissolution on day 28.

Discussion

We report on a young patient with ischemic stroke in a typical time window for VITT, without definite thrombocytopenia. For immunogenic thrombocytopenia, a platelet count fall of >50% in 48 hours is also relevant, which may have occurred within normal platelet counts. He had isolated carotid arterial thrombosis with secondary embolism into the MCA, along with highly elevated antibodies against PF4-polyanion complexes, but normal platelet counts. Therefore, standard IV thrombolysis with alteplase and subsequent aspirin, followed by oral vitamin K antagonist anticoagulation, was initiated and led to favorable outcome. Vitamin K antagonist anticoagulation in early stage of VITT occurring with thrombocytopenia and disseminated intravascular coagulation is not recommended because of the rapid decline of protein C, which could potentially aggravate thrombosis. However, we considered the use as safe because no thrombocytopenia and no signs of disseminated intravascular coagulation were present in our patient. To avoid heparin administration, danaparoid was given for prophylaxis of deep vein thrombosis. Treatment with intravenous immunoglobulins, recommended particularly for vaccination-induced cerebral venous sinus thrombosis to interrupt Fcγ receptor-mediated platelet activation, was omitted here because of normal platelet counts.

We conclude that any unusual thrombosis 4–20 days after vector-based vaccination against COVID-19 should prompt investigation of VITT antibodies.

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Disclosure

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References

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