Progressive Neurologic Symptoms in the Setting of HIV

A Rare Case of Neurosymptomatic CSF HIV Escape

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Figure 1 MRIs Over the Disease Course of Neurosymptomatic CSF HIV Escape

(A) 2018: Nonspecific confluent areas of white matter T2-weighted fluid-attenuated inversion recovery (FLAIR) hyperintensity, commonly seen with HIV encephalopathy. (B) 2019: Worsening symptoms, worsening white matter T2-weighted FLAIR hyperintensity, and new, stippled perivascular distribution enhancement (arrows), not characteristic of HIV encephalopathy. (C) 2020: After modified antiretroviral therapy targeted for neural penetration, enhancement and T2-weighted FLAIR hyperintensity improved.

A 54-year-old man with HIV infection on suppressive antiretroviral therapy (ART) presented with progressive gait difficulty over 1 year. MRI demonstrated increasingly predominant white matter hyperintensity and development of abnormal perivascular enhancement (figure 1). An extensive workup excluded atypical infections, CNS lymphoma, sarcoidosis, vasculitis, and other autoimmune diseases. Serum HIV viral RNA was 160 copies/mL; CSF HIV viral RNA was 1,390 copies/mL with a mild lymphocytic pleocytosis, consistent with a diagnosis of neurosymptomatic CSF HIV escape, viral CSF sequestration despite ART. Whereas white matter hyperintensity is...
nonspecific in HIV, the key to CSF HIV escape diagnosis is recognizing the abnormal perivascular enhancement (figure 2). Clinical course and imaging findings improved with modified ART targeting neuropenetration.

Study Funding
L.B. Eisenmenger’s effort on this work was supported by the Clinical and Translational Science Award (CTSA) program through the NIH National Center for Advancing Translational Sciences (NCATS), grants UL1TR002373 and KL2TR002374. The content is solely the responsibility of the authors and does not necessarily represent the official views of the NIH.

Disclosure
The authors report no disclosures relevant to the manuscript. Go to Neurology.org/N for full disclosures.

Figure 2 Value of Maximum Intensity Projection (MIP) Images for Subtle Perivascular Enhancement

2019 MRI during maximal symptomatology. (A) T2-weighted imaging (T2WI) and (B) T2-weighted fluid-attenuated inversion recovery (FLAIR) images with diffuse cerebral white matter hyperintensity. (C) Abnormal enhancement on T1-weighted postcontrast (T1WI + C) images with subtle stippling in a perivascular distribution; however, (D) T1-weighted postcontrast MIPs highlight the linear perivascular (arrows) and surrounding patchy parenchymal enhancement.

Appendix

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<tbody>
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References
Progressive Neurologic Symptoms in the Setting of HIV: A Rare Case of Neurosymptomatic CSF HIV Escape
Laura B. Eisenmenger, Benjamin D. Sawatzky, Jesse M. Manunga, et al.
*Neurology* 2021;97;389-390 Published Online before print May 26, 2021
DOI 10.1212/WNL.0000000000012238

This information is current as of May 26, 2021