Training in Neurology: Diagnostic accuracy among neurology residents: The “Close the Loop” project

Emily M. Schorr MD, Rachel Brandstadter MD, Peter Jin MD, Christine Stahl MD, Stephen Krieger MD

Author affiliation: Icahn School of Medicine at Mount Sinai, Department of Neurology, New York, NY, USA

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Corresponding author:
Stephen Krieger
stephen.krieger@mssm.edu

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**ABSTRACT**

Objective/background: To describe cases presented by junior neurology residents, and to evaluate resident diagnostic patterns to help address individual and systemic educational needs.

Methods: For six academic years, details of all morning report cases assessed and presented by junior neurology residents were logged, including the resident’s independent initial diagnostic impression. Cases were later revisited at subsequent morning reports to “close the loop” on a final diagnosis. We conducted retrospective review to quantify case demographics and to determine resident diagnostic accuracy based on pre-specified localization pathways.

Results: Demographic analysis included 1472 cases; of these, 1301 qualified for accuracy analysis due to diagnostic uncertainty at time of morning report. Non-neurologic etiologies
represented 26.0% of cases. Central nervous system etiologies were the majority (86.0%) of neurologic cases. The most frequent diagnoses were ischemic stroke and seizure. Overall resident diagnostic accuracy was 64.0%. Accuracy was similar between central and peripheral etiologies. Of 1301 cases, 15.3% were overcalled as neurologic, while neurologic disease was rarely mistaken as non-neurologic (5.1%). Most diagnostic errors (49.1%) occurred when determining if a case was neurologic. Where in the localization pathway errors occurred varied between etiologies.

Conclusion: Overall diagnostic accuracy for neurology junior residents in our cohort was similar to prior work conducted in smaller samples. Analysis of errors, particularly at the critical “neurologic or non-neurologic” decision-point, warrants further investigation. “Close the loop” methodology is simple to employ and can guide educational and quality initiatives to improve neurology resident clinical acumen.
INTRODUCTION

Neurology residency programs strive for trainees to achieve core clinical competencies and to maximize the education derived from patient care. Endeavors to improve clinical acumen among residents are challenging, as diagnostic patterns are often difficult to capture and quantify. This is in part due to limited systematic data available regarding the types of cases seen in neurology residency. Prior work has captured broad etiological categories of cases encountered by individual residents but has been restricted by small sample sizes or lack of follow up data on patient outcomes.

Furthermore, cognitive error research in neurology has also focused on small cohorts and is often subspecialized. We characterized the types of cases presented by junior neurology residents in morning report over a six-year period with the aim of evaluating resident diagnostic patterns in order to identify individual and systemic educational needs.

METHODS

Prospective database creation

All inpatients assessed and presented by on-call postgraduate year-2 residents during daily morning report for six academic years (July 2010 through June 2016) were captured in a case log. Case demographics collected included date of consultation, age and sex of the patient, encounter venue (e.g. emergency department (ED), medical floor, direct admission) and discharge disposition (e.g. home, medical floor, neurology floor). Details including history of the present illness, neurologic examination and available laboratory/radiologic data were logged.
The resident’s initial diagnostic impression (prior to discussion with a neurology attending) was recorded. In subsequent morning report sessions, residents “closed the loop” by revisiting each previously presented case to record the final diagnosis when available. Cases in which a diagnosis was known at the time of initial presentation were excluded from accuracy analyses (e.g. consult for intracranial hemorrhage already visible on CT scan). “Final diagnosis” was defined as the diagnosis upon discharge or afterward if available. The Mount Sinai Hospital Institutional Review Board granted an exemption for this project.

Retrospective case classification

Retrospective review was conducted to categorize cases and determine accuracy of residents’ initial diagnoses. Both initial impressions and final diagnoses were separately classified according to a pre-specified localization and diagnostic pathway, designed to distinguished errors of localization from those of disease state (etiology). Our categorization scheme as shown in Figure 1 is described as follows: Initial impressions and final diagnoses were deemed to be either neurologic or non-neurologic, and neurological cases were sorted by localization as either central nervous system (CNS) or peripheral nervous system (PNS) and further subcategorized by etiology. By “etiology” we intend specific categories of neurologic disease; the CNS etiologies are listed in Table 1 with CNS Not Otherwise Specified (NOS) reserved for more complex cases that did not clearly fit one category (e.g. autoimmune encephalitis, posterior reversible encephalopathy syndrome). PNS classifications are listed in Table 1, including PNS NOS (mostly peripheral vertigo). Non-neurologic cases were further classified as medical, psychiatric or ophthalmological. Frequencies, means and standard deviations of particular localizations were calculated.
Accuracy

Accuracy of the initial resident’s diagnosis was categorized as fully accurate, partially accurate, or wrong. Cases with accuracy that was difficult to score were discussed amongst the authors who would agree as a group on an accuracy score. Accuracy was judged by two raters with 94.8% inter-rater agreement (second rater assessing 154 cases in total, observed Cohen’s kappa 0.89). The partially accurate designation was applied to a small percentage of cases in which overall localization and general category of etiology were correct, but specific localization or etiology was not (e.g. a transient ischemic attack diagnosis mistaken for a stroke; stroke recognized as etiology but proposed to be in the incorrect anatomic area; viral encephalitis mistaken for autoimmune encephalitis). Non-neurologic cases were considered partially accurate if the case was appropriately considered to be non-neurologic but the more precise designation was incorrect (e.g. an ophthalmologic diagnosis mistaken for medical).

RESULTS

Case demographics

1472 morning report inpatient cases were included in demographic analysis, 1301 of which had diagnosis unknown at presentation, and thereby were included in the Close the Loop (CTL) cohort. Of all cases, 58.1% were female. Mean age was 57.5 years (SD 19.1, range 9-96). 72.2% of cases were from the ED, and 19.3% from inpatient floors (primarily internal medicine services). See Table 1 for case frequencies.
Accuracy: overall

The overall diagnostic accuracy was 64.0% with an additional 4.8% cases deemed partially accurate. Among cases with a final neurologic diagnosis, accuracy was higher at 67.5% (with an additional 5.8% partially accurate); CNS (67.9% accurate, 6.2% partially accurate) and PNS cases (66.3% accurate, 3.4% partially accurate) had similar overall accuracy. Accuracy for medical cases was 62.3% (2.0% partially accurate); for psychiatric cases, accuracy was 54.5% (partially accurate 3.0%).

Accuracy: neurologic vs. non-neurologic

Most diagnostic errors (49.1%) occurred at the neurologic vs non-neurologic distinction. Cases were more likely to be “overcalled” as neurologic (15.3% of all cases) rather than missed as neurologic (5.1% of all cases) (Figure 2, Panel A). Determination of a neurologic diagnosis by junior residents carried a 94.9% sensitivity, 59.1% specificity, 84.8% positive predictive value (PPV), and 82.7% negative predictive value (NPV). Of all medical cases, 36.1% were initially deemed neurologic. Conversely, of cases initially deemed medical, 19.7% were actually neurologic.

Similarly, 38.4% of true psychiatric cases were initially deemed neurologic whereas 11.5% of cases initially classified as psychiatric were in fact neurological disorders.
Accuracy: CNS vs. PNS

An error was made at the CNS/PNS decision point in 3.4% of all cases (10.9% of all errors; Figure 2, Panel A). Of incorrect cases that were correctly identified as neurologic, 22% of these were missed at the CNS/PNS level.

Accuracy: Etiologies

Of all incorrect cases, 38.0% were missed at the etiologic level (correctly categorized as CNS or PNS, but incorrect etiology within either CNS or PNS). Accuracies for the five most common etiologies are as follows: ischemic stroke (75.5% accurate / 4.8% partially accurate), seizure (79.6% / 2.0%), headache (55.7% / 6.8%), neuropathy (50% / 3.0%), CNS neoplastic (57.1%, 2.0%). Errors for each etiologic category occurred at different points in the diagnostic pathway. For example, in the cases with a final diagnosis of ischemic stroke, 20.7% of cases were incorrect. Among all ischemic stroke cases, 4.2% were missed at the neurologic vs. non-neurologic level, 3.0% missed at the CNS/PNS level, and 13.5% missed at the etiologic level (Figure 2, Panel B). For comparison, in the primary headache group, 2.3% were missed at the neurologic/non-neurological level, 2.3% at CNS/PNS level, and 33.0% of all headache cases were misdiagnosed among specific CNS etiologies (Figure 2, Panel C) diagnostic inaccuracy.

DISCUSSION

Morning report is an essential venue for clinical learning in residency. Over six academic years we have utilized this forum to categorize cases assessed by neurology residents and to critically evaluate patterns of diagnostic acumen. Nearly one-third of cases presented by neurology
residents were ultimately deemed to be non-neurologic, most of which were medical or psychiatric in etiology. The vast majority of neurologic cases localized to the CNS, with the most common diagnoses being stroke and seizure. This is similar to prior work in which single residents tracked all cases seen during their residency training.\textsuperscript{1,3,4}

Overall junior neurology resident initial diagnostic accuracy when presenting their initial impressions at morning report was 64\%, which is congruent with two prior studies\textsuperscript{5,6}. Residents tended to overcall cases presented in morning report as neurologic but rarely missed true neurologic disease. Despite the significantly higher quantity of CNS disorders presented, resident accuracy in morning report cases was similar between CNS and PNS localizations. Patterns in where error was likely to occur varied between etiologies. For example, headache was more likely than ischemic stroke to be missed at the more nuanced etiologic categorization, while stroke was more likely than headache to be missed as non-neurologic.

Several limitations of our study warrant consideration. Firstly, a resident’s true independent diagnostic assessment is difficult to capture, as residents frequently interact with co-residents, emergency room or other attendings and radiologists in the course of initial consultations. We note also that the amount of supporting clinical data (e.g. labs, imaging) available at the time of first diagnostic impression varied across cases and the natural diagnostic evolution that occurs during a hospitalization may hinder determination of true accuracy. Furthermore, although we sought to determine diagnostic accuracy, there is often no gold standard for final diagnosis. These “final” determinations reflect best clinical judgment at the conclusion of the hospitalization or evaluation of each case. There is also challenge in categorizing complex cases
into our pre-specified diagnostic localizations and etiologies (e.g. vasculitis could be categorized as ischemic stroke, but also as a neuroinflammatory or headache syndrome). Furthermore, not every diagnostic category could be parsed with identical levels of granularity. Mount Sinai is a large tertiary care hospital located in New York City and thus the cases seen by residents in this urban setting may not match those seen at community hospitals or in suburban and rural settings. Finally, our data include inpatient consultations only, thus diagnoses more often seen in our outpatient clinics are necessarily underrepresented.

Importantly, analyses based on morning report presentations are subject to selection biases, as the cases residents choose for presentation may be more complex and may overrepresent neurologic disease, as junior residents are presenting to neurology attendings with the aim of learning from their expertise in localization and management. Our results and conclusions need to be considered with this limitation in mind – the cases presented in morning report reflect only a subset of all cases seen and assessed – thus patterns of clinical judgement captured in this study may not reflect diagnostic acumen more broadly. Though our data certainly do not capture all patients evaluated by residents, we have included the entirety of the cases utilized for clinical teaching in the morning report venue. The analysis spans six academic years and greater than 1000 cases with consistency across years, which supports the internal reliability of the results. Future studies could take our “close the loop” approach forward to address the issue of selection bias, for instance by performing a shorter study of several months’ duration “closing the loop” on all cases, seen by all residents, in every clinical venue. This approach would complement our current study, which evaluated longitudinally all the cases presented in one educational venue, morning report, over several years.
Systematically “closing the loop” on morning report cases has provided important short-term feedback for residents in the group setting of morning report, allowing for expanded educational discussion facilitated by faculty and senior residents and fostering a culture of continuity and diagnostic humility. Data on a per-resident basis are utilized in feedback sessions between individual residents and the resident program director to develop a personalized educational plan. More broadly, the “close the loop” methodology in morning report was a component of our adult learning theory-based curriculum, which was found to have a positive impact on Residency In-service Training Exam (RITE) scores. Further work is needed to assess both subjective (e.g. survey) and objective measures of improved diagnostic acumen in future postgraduate years. We also plan to analyze cases by specific etiology, patient demographics, time of year, patient disposition, and consult venue to pursue multivariate predictors of resident errors which could inform curricular changes. Qualitative examination of incorrect cases may also allow for assessment of the role of cognitive biases (e.g. anchoring or framing) on initial diagnostic accuracy on the group level. “Close the loop” methodology is simple to employ, low cost, and can be replicated and expanded upon in other programs. Our findings can guide educational and quality initiatives to improve clinical acumen among neurology residents.

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Appendix 1: Authors

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Contribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emily M. Schorr, MD</td>
<td>Icahn School of Medicine at Mount Sinai, NYC</td>
<td>Data acquisition, interpretation of data, drafting and revising manuscript for intellectual content</td>
</tr>
<tr>
<td>Rachel Brandstadter, MD</td>
<td>Icahn School of Medicine at Mount Sinai, NYC</td>
<td>Data acquisition, interpretation of data, drafting and revising manuscript for intellectual content</td>
</tr>
<tr>
<td>Peter Jin, MD</td>
<td>Icahn School of Medicine at Mount Sinai, NYC</td>
<td>Acquisition of data, revised the manuscript for intellectual content</td>
</tr>
<tr>
<td>Christine Stahl, MD</td>
<td>Icahn School of Medicine at Mount Sinai, NYC</td>
<td>Acquisition of data, revised the manuscript for intellectual content</td>
</tr>
<tr>
<td>Stephen Krieger, MD</td>
<td>Icahn School of Medicine at Mount Sinai, NYC</td>
<td>Designed and conceptualized study, data acquisition, analysis and interpretation of data, drafting and revising manuscript for intellectual content</td>
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References:

Table 1: Case frequencies

<table>
<thead>
<tr>
<th>Total Cases</th>
<th>Neurologic Cases</th>
<th>CNS by Etiology</th>
<th>PNS by Etiology</th>
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<tbody>
<tr>
<td>(N=1472)</td>
<td>(N=1089; 74.0% of total cases)</td>
<td>(N= 936; 86.0% of neurologic cases)</td>
<td>(N=153; 14.1% of neurologic cases)</td>
</tr>
<tr>
<td>Ischemic Stroke</td>
<td>292; 26.8%</td>
<td>Neuropathy</td>
<td>73; 6.7%</td>
</tr>
<tr>
<td>Seizure</td>
<td>168; 15.4%</td>
<td>PNS NOS</td>
<td>41; 3.8%</td>
</tr>
<tr>
<td>CNS NOS</td>
<td>116; 10.7%</td>
<td>Radiculopathy</td>
<td>16; 1.5%</td>
</tr>
<tr>
<td>Primary Headache</td>
<td>90; 8.3%</td>
<td>Neuromuscular junction/ myopathy/ motor neuron</td>
<td>11; 2.1%</td>
</tr>
<tr>
<td>CNS neoplasm</td>
<td>79; 7.3%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Multiple Sclerosis/ Demyelinating</td>
<td>62; 5.7%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CNS infection</td>
<td>32; 2.9%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Subarachnoid or Subdural Hemorrhage/ Hemorrhagic stroke</td>
<td>62; 7.2%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Movement Disorder</td>
<td>19; 1.8%</td>
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Non-Neurologic
<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Medical</td>
<td>246</td>
<td>64.2%</td>
</tr>
<tr>
<td>Psych.</td>
<td>99</td>
<td>25.9%</td>
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<tr>
<td>NOS</td>
<td>28</td>
<td>7.3%</td>
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<tr>
<td>Ophth.</td>
<td>10</td>
<td>2.6%</td>
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(N=383; 26.0% of total cases)
A. Full CTL cohort (N = 1,301)
- Neuro vs non-neuro wrong (15.3%)
- CNS vs PNS localization wrong (3.4%)
- CNS vs PNS localization correct, etiology wrong (11.8%)
- Partially accurate (4.8%)
- Accurate (64.0%)

B. Ischemic stroke (n = 237)
- Neuro vs non-neuro wrong (4.2%)
- CNS vs PNS localization wrong (3.0%)
- CNS vs PNS localization correct, etiology wrong (13.5%)
- Partially accurate (4.6%)
- Accurate (75.5%)

C. Headache (n = 88)
- Neuro vs non-neuro wrong (2.3%)
- CNS vs PNS localization wrong (2.3%)
- CNS vs PNS localization correct, etiology wrong (33.0%)
- Partially accurate (6.8%)
- Accurate (55.7%)